CAREERS NEWSLETTER

This newsletter aims to support you when thinking about your future and provide you with access to resources that will help you to learn more about different industries and pathways. Please use the links included to read more information. Links are underlined.

SOMETHING TO...

LISTEN TO THIS NEWSLETTER

DO

Springpod's free AI Interview Coach asks at least eight questions, then gives written feedback and a score out of 10 in three areas.

Check out the guide and try it out here.

LISTEN TO

In this episode of How I Became... Head of Uber Advertising, Paul, tells us how he turned his Dyslexia into his business superpower.

Listen here.

READ

The BBC is committed to skills and talent development and is one of the world's most creative and technologically advanced organisations.

Read about BBC Apprenticeships here.

WATCH

Are you wondering what your future job might be?
Do you have an idea, but are unsure what first step to take?
Or are you looking to get inspired?

Watch this episode from Bitesize Careers.

SPOTLIGHT ON A...

UNIVERSITY

"The University of Warwick's Disability Service provides advice, information and support to disabled students, including those with a specific learning difficulty or a long-term health condition (including mental health conditions).

Our specialist advisers will assist in providing information and arranging appropriate support to enable you to learn effectively."

EMPLOYER

"BUPA strive to create an environment which recognises, values and respects the differences we all bring.
We embrace our differences knowing they make us stronger and help better reflect the needs of our customers and communities. This means creating and sustaining an inclusive culture where everyone feels they belong.
We believe that having varied perspectives promotes understanding and helps generate innovative ideas to solve the complex problems of a diverse and fast-changing world."

If you see a word you don't understand, you can use this jargon buster to search and find out what it means. If you can't find the word on there, you can use the internet to research the meaning or speak to a teacher.

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WORD OF THE WEEK

Care Leaver

Any adult who spent time in the care of a Local Authority as a child (i.e. under the age of 18).

A FACT ABOUT EMPLOYMENT

If you get Universal Credit and are aged 16 to 24, you could get extra help to find work through the DWP (Department for Work and Pensions) Youth Guarantee Journey. This support may be provided by a work coach in a jobcentre or a Youth Hub.

Source

SUCCESS STORIES

"Being a successful writer and published author is something that should fill me with pride. After all, I've achieved what many dream of. Yet, as a care leaver, I often find myself battling imposter syndrome—a pervasive feeling that despite my achievements, I somehow don't belong in the world of successful people."

"If there's one thing I've learned, it's that success doesn't have to look the same for everyone. For those who, like me, feel the weight of imposter syndrome as care leavers or from other non-traditional backgrounds, know this: your achievements are real, and they matter."

Read more about Chris Wild's story here.

OPPORTUNITY'S CALLING...

From 22 February – 24 March 2027 Amazon Web Services (AWS) is running the Student AI Hackathon 2027 – a free, fully funded, five-week programme. No experience necessary!

Register here

If you feel ready to speak about your future and have any questions or need support to plan your next steps, please contact Hazel.veryard@preston.mnsp.org.uk