CAREERS NEWSLETTER

This newsletter aims to support you when thinking about your future and provide you with access to resources that will help you to learn more about different industries and pathways. Please use the links included to read more information. Links are underlined.



SOMETHING TO...

DO

Have you considered volunteering? A great way to learn about different industries and build skills and experience.

Check this website for any opportunities local to you.



LISTEN TO

Is a gap year a good idea?

Listen to this episode of Prospect's Future You podcast to hear Blaise's story about his gap year and where it led.



READ

We all know the value of work experience, but how can we find it?

Read this article from BBC Bitesize with key tips on ways to research and find work experience that is right for you.



WATCH

Considering your options for the future?

Watch this animation to learn about the different pathways and see which ones may interest you.



SPOTLIGHT ON A...



UNIVERSITY

"University of Westminster has been ranked number one in London for Student Support at Whatuni Student Choice Awards.

Their careers and employability Hub, Zone29, has opened up new opportunities for students to explore careers.

Students also have access to a large range of sports clubs and societies... creating a powerful sense of belonging and bringing the entire University together in celebration of its achievements."

EMPLOYER

"The well-known supermarket, Co-Op, is a recognised Level 1 Disability Confident Employer.

On their website, you can read about their colleague networks which bring people together to discuss important issues and make a difference across Co-op. These networks include groups for women, parents, LGBTQIA+ and neurodiverse staff.

They create spaces to support and educate colleagues and help build a more inclusive workplace."

If you see a word you don't understand, you can use this jargon buster to search and find out what it means. If you can't find the word on there, you can use the internet to research the meaning or speak to a teacher.

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WORD OF THE WEEK

Dress Code

A set of written or unwritten rules that specify the type of clothing people should wear for a specific occasion, event, or environment. Many companies will have a dress code for employees.

A FACT ABOUT EMPLOYMENT

The Royal Mail employs roughly 130,000 people across the UK, making it one of the largest employers in the country. The company is a big organisation in the UK's transport, logistics, and postal workforce, delivering to over 32 million addresses six days a week.

Source

SUCCESS STORIES

Volunteering with Royal Voluntary Service is the perfect way for Jonathan to contribute his time and talents to his community. In return, he's also found it's given him a sense of belonging and purpose.

When asked how volunteering makes Jonathan feel, he says: "happy". His favourite part is dancing, especially the tango and cha-cha-cha.

Jonathan dedicates three days a week, every week, to volunteering and has found that it's given him a great sense of purpose and a way for him to support his community.

Read more about Jonathan's story and Royal Voluntary Service here.

OPPORTUNITY'S CALLING...

What is a Cover Letter?

Join this 30-minute webinar to see examples of good cover letters and tips on how to write your own.

It takes place on Tues 24th November 6:30-7pm.

If you feel ready to speak about your future and have any questions or need support to plan your next steps, please contact Hazel.veryard@preston.mnsp.org.uk