

## Promoting, Support and Developing Emotional Health and Well Being

Preston School has a strong commitment to promoting, supporting and developing students' emotional health and well being. We adopt a range of strategies to ensure students are well supported and can access additional help /support should they need it. Preston School is committed to providing high quality support and provision, and when appropriate referring students to external specialist agencies.

Provision for All	Additional Provision for some	Specialist Provision for those who need it
<ul style="list-style-type: none"> <li>• Behaviour and Rewards Policy</li> <li>• Transition Buddies</li> <li>• Achievement Board</li> <li>• Academic Mentoring and Activities</li> <li>• Assemblies</li> <li>• School ethos and vision</li> <li>• Learning Manager Team (please see website under 'contact us' tab for contact details for each year group)</li> <li>• Student Support Officers</li> <li>• Staff Training</li> <li>• Student Medical and Welfare Manager</li> </ul>	<ul style="list-style-type: none"> <li>• 1:1 Behaviour intervention</li> <li>• Forest School</li> <li>• ELSA group</li> <li>• Social, Emotional development group</li> <li>• ELSA 1:1 support</li> <li>• External 1:1 mentoring</li> <li>• 1:1 understanding emotions support</li> <li>• Self esteem groups</li> <li>• Tuning into Teens parenting programme</li> <li>• Emotional Peer mentors</li> <li>• Adolescent Support Worker</li> </ul>	<ul style="list-style-type: none"> <li>• School Counsellors</li> <li>• PFSA 1:1 Thrive programme</li> <li>• PFSA 1:1 parenting support</li> <li>• Thrive</li> <li>• REACH Alternative Provision</li> <li>• ½ termly CAMHS link review</li> <li>• Educational Psychologist</li> <li>• PFSA</li> </ul>

Specialist External Agencies that Preston can refer students to: -

- Somerset Local Educational Authority Educational Psychologist
- Sound Thinking Educational Psychologist
- GP
- CAMHS
- Counselling for Yeovil
- Get Set
- Adolescent Support Worker Team
- Children and Social Care

External Resources accessed to support students: -

- REACH alternative provision
- Additional Educational Psychologist time through Sound Thinking